

# Babybox

INFORMATION FOR THE PERSON DROPPING  
OFF THE BABY



Babybox

You must read this document!  
It contains very important information that you should  
know and that will be useful to you.



## **INTRODUCTION**

You have anonymously left your baby in Sion's babybox so that he or she will be found and taken into our care. Please be aware that the baby drop-off box is neutral in terms of politics, ideology and religion.

## **ALARM ACTIVATION**

Once the baby has been placed inside and the window has been closed, you will be unable to open it again. The alarm will sound after a period of 5 minutes.

The alarm alerting the staff of to the baby's presence can be heard by the Sion Hospital Paediatric Department both day and night.

## **CARING FOR THE BABY ON SITE**

When they arrive at the babybox, the paediatric staff will carry out an initial evaluation of the baby's health.

## **CARING FOR THE BABY BY THE MEDICAL AND NURSING TEAM**

The baby will then be hospitalised in the paediatric department until he or she is taken into the care of the Child Protection Office (OPE). This baby is well protected at the hospital.

## **DECISION TO RETRIEVE THE CHILD**

If you change your mind and would like to retrieve your baby, you can contact the Child Protection Office (027 606 48 40) which will call on the competent bodies for a decision.

After a period of 3 months, the Child and Adult Protection Authority (APEA) will make any necessary decisions. In principle, it will no longer be possible to retrieve your child.

## RIGHT OF THE CHILD TO KNOW HIS OR HER ORIGIN

In accordance with the Convention on the Rights of the Child and the provisions of the Swiss Civil Code (Art. 268c), a child has the right to know his or her biological origin.

Mr Rossier Marc, Child Protection Office director

Avenue Ritz 29, 1950 Sion with mention « CONFIDENTIAL » in case the child, in age of majority, wishes to know his or her origin.

This information will be treated as confidential.

## SOURCES OF SUPPORT

During this difficult time, we'd like to remind you that there are sources of support and counselling that you may seek out. You can contact the following organisations, anonymously if you wish.

**SIPE – Sexuality Information Prevention Education - [www.sipe-vs.ch](http://www.sipe-vs.ch) 027 323 46 48 (Sion) sion@sipe-vs.ch 027 455 58 18 (Sierre) sierre@sipe-vs.ch 027 722 66 80 (Martigny) martigny@sipe-vs.ch 024 471 00 13 (Monthey) monthey@sipe-vs.ch 027 923 93 13 (Brigue) brig@sipe-vs.ch**

Professionals are at your disposal to calmly consider your situation and explore all possible solutions, confidentially and free of charge.

You will be informed of your right to receive material or financial aid, as well as of the private and public assistance from which you can benefit. If necessary, you will be guided through the administrative and legal steps that must be taken. You will be notified on all adoption-related matters and directed towards the competent bodies in this area.

In order to better help you and guide you according to your needs, whatever your decision, the SIPE centres work together with other professionals in the fields of health and social work.

**OPE – Child Protection Office** **027 606 48 40** (Sion)  
**027 606 98 61** (Sierre) **027 606 98 31** (Martigny) **027 606 98 01** (Monthey)  
**027 606 99 50** (Brigue) **027 606 99 10** (Viège)

Child protection specialists are available in regional centres to help with any problems concerning children and families experiencing hardship. These services notably include adoption, emergency placement, support and advice for parents and children.

**Advice from midwife consultants – 027 603 85 18** (Sion hospital)

They are available for consultations over the phone or in person on Wednesdays, Thursdays and Fridays. The conversation is confidential, non-medical and free. It allows you to discuss your pregnancy-related worries and concerns, to research the best solutions for your situation and to get help with decision-making. The consultations are aimed at pregnant women in vulnerable situations:

- Difficult experience with pregnancy
- Domestic violence (beating, etc.)
- Unstable financial and/or social conditions...
- Addiction (drugs, alcohol, etc.)
- Emotional issues
- Social isolation
- Confidential childbirth
- Teen pregnancy

**Midwife consultation – 027 604 24 85** (Visp hospital)

They are available for phone consultations every day and in-person consultations on Tuesdays and on Friday afternoons. The midwives of Visp Hospital guide pregnant women through pregnancy, birth and the post-partum stage. They offer specific and personalised consultations at the beginning (1st trimester) and the end (last trimester) of pregnancy.

**SPPEA - Psychiatry and Psychotherapy Service for Children and Adolescents in the French-speaking Valais region - 027 603 79 10 (Sierre)**

The Child and Adolescent Psychiatry-Psychotherapy Service (SPPEA) provides therapeutic care in the event of psychological suffering or disturbance within the parent-child relationship. UPEA's mission is to provide prevention services, consultations, examinations, expert advice, treatment and training. In particular, this organisation is responsible for:

- Consultation and therapy for psychiatric and psychological issues and ailments (individual, family and group psychotherapy)
- Branch for newborns, pregnancy and children aged 0-18 months

**Centre of Expertise in Psychiatry and Psychotherapy (CCPP)  
in the French-speaking Valais region - Adults - 027 603 84 40 (Sion)  
027 603 63 00 (Martigny) 027 603 84 70 (Sierre) 027 604 73 90 (Monthey)**

The four centres of expertise in psychiatry and psychotherapy for the French-speaking Valais region provide comprehensive psychiatric care. In particular, the duties of these centres include: medical appointments, day treatment, medical psychology and organisation of the Valais Peer Support Network.

**Haut-Valais Department of psychiatry and psychotherapy  
Adults, adolescents and children: 027 604 36 50 (Brigue)  
24-hour emergency line: 027 604 36 50 (Brigue)**

The Haut-Valais Psychiatric Centre (PZO) provides comprehensive psychiatric care. This includes prevention, treatment and supervision of patients experiencing psychological health issues, for all age groups (children, adolescents, adults, elderly people), population groups and diagnostics. The PZO manages acute psychological crises, emergencies (with a 24-hour service) and supervision of chronic illnesses.



## **CONTACT INFORMATION**

Valais Hospital

**Sion Hospital**

**Women & Children Department**

Av. du Grand-Champsec 80

1951 Sion

**027 603 41 65**

Advice from midwife consultants: **027 603 85 18**

<https://www.valaishospital.ch/babybox>

Valais Hospital

**Visp Hospital**

**Women & Children Department**

Pflanzettastrasse 8

3930 Visp

Hebammen: **027 604 24 85**

[www.spitalvs.ch/babyfenster](http://www.spitalvs.ch/babyfenster)

**Office pour la protection de l'enfant (OPE) direction**

Avenue Ritz 29

1950 Sion

**T 027 606 48 40**

[ope@admin.vs.ch](mailto:ope@admin.vs.ch)

[www.vs.ch/scj](http://www.vs.ch/scj) [in French]

Hours of operation: Monday to Friday from 8:30 AM to 11:30 AM and from 2:00 PM to 5:00 PM

French: **027 606 48 40** (Sion) **027 606 98 61** (Sierre)

**027 606 98 31** (Martigny) **027 606 98 01** (Monthey)

German: **027 606 99 50** (Brigue) **027 606 99 10** (Viège)